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The East is the only region of 4 HOTEL FRAMTÍÐ Iceland is highlands and wilderness. making it one of the least densely popudaily special is always the "catchlated nations in Europe. In this quarter of of-the-day," whether it is cod, trout. the county, there are 7,000 reindeer and halibut, redfish, plaice or haddock. almost 11,000 residents.

EAT & DRINK

Restaurants, Bistros, Cafés & Bars

1 FANCY SHEEP TRUCK

Located by the stunning Jokulsarlon Glacier Lagoon, this charming food truck by chef Róbert Ólafsson, of Reykiavik's offers unique hamburgers, including a beloved Forréttabarinn. The changing special Icelandic lamb burger. With fresh, menu highlights the best from land local ingredients and creative recipes, and sea, celebrating Icelandic cuisine it also features delicious vegetarian op- complemented with quality wine or an tions. Experience street food done right. Ale from local breweries. Book a room Jökulsárlón | 835 8823 | FB

2 HALI RESTAURANT

With phenomenal views this countryside reservations are recommended. family-run restaurant is housed within Berunes | 869 7227 | berunes.is the Þórbergssetur museum. Serving traditional Icelandic food for lunch and dinner made from local ingredients, such LOCAL SHOP as arctic char and free-range lamb. Enjoy their rich and hearty fish soup or savor 6 BAKKABÚÐ DESIGN STORE the crowd-favorite Icelandic lamb soup If you're looking for an authentic paired with freshly baked bread. And souvenir of your time in Iceland, look don't miss out on the cakes! Hali | 478 1078 | hali.is

3 PAKKHÚS RESTAURANT

This restaurant is located in a stylish converted warehouse by the harbor langoustine in Iceland. Here you'll find visit to Iceland! local ingredients, such as langoustine, Bakki 2, Djúpivogur | 478 2288 | FB fresh fish, lamb, etc. and a dessert called Skyr Volcano! Try the local beer called Vatnajökull made from glacier water and hints of thyme. Krosseyjarvegur 3, Höfn | 478 2280

The best water in the source and is naturally

A cozy restaurant overlooking the small reside, Approximately 80% of harbor and colorful fishing boats, It's perhaps not surprising that the popular Apart from their good but small menu they also make pretty awesome pizzas. Vogaland 4, Diúpivogur | 478 8887 hotelframtid.com

5 BERUNES RESTAURANT At this family-run country lodge

you'll find this charming eatery, led or opt for the on-site camping facilities, if you'd rather not tackle the drive after dinner! Open in the summer and table

no further. Bakkabúð in the enchanting village of Djúpivogur offers a fabulous range of marvelous mementos, lovingly crafted by local artists, alongside a mix of chic Scandinavian designer brands. Find unique keepsakes that will make you in Húsavík, often called the capital of smile when you remember your magical

world! Iceland's tap water originates from a glacial / filtered through lava fields. So it's pure, free and drinkable

Art, museums & exhibitions

The great literary mind, Þórbergur

Þórðarson was one of Iceland's most significant 20th century authors and a groundbreaking achiever in experimental auto-fiction. The museum also features an exhibition on everyday super ieep tours of Europe's largest life in the local area. It's impossible to miss the building, the exterior design is of a gigantic bookshelf with 45 replica volumes of his works! Hali | 478 1078 | thorbergur.is

THE EGGS IN MERRY

An outdoor artwork by artist Sigurður Guðmundsson (b. 1942). The artwork has 34 replicas of eggs of nesting birds that nest in the vicinity of Djúpivogur and reflects the strong connection that Diúpivogur has with nature. This impressive art installation has become one of Diúpivogur's landmarks. Víkurland, Djúpivogur

9 LOCAL GUIDE OF VATNAJÖKULL

climb one? Since 1991, Local Guide, a third generation family-operated business, has been offering top-notch, sustainable small group tours of the majestic Vatnajökull glacier. Specializing road. No changing facilities but hidden in glacial hikes in the summer and behind a rock so don't worry! A borehole exploring mesmerizing ice caves in the provides hot water and some locals have winter. Being carbon neutral, highly sea- put up two big tubs for people to relax soned guides and with deep knowledge in and enjoy the view of the surrounding of the area, Local Guide will ensure you'll fjord. Please make sure to leave no trace experience the absolute best adventure. behind, even clean up if someone has Freysnes & Jökulsárlón i 894 1317 left some trash



GLACIER JOURNEY

Gulli, along with their expert guides. offer unforgettable snowmobile and glacier, Vatnajökull, in the summer. Don't miss their exclusive winter trip to the Black Beach in a super jeep or their picturesque ice cave tours! They're committed to top-notch service, using state-of-the-art equipment, supporting the local community, and protecting the environment.

Víkurbraut 4, Höfn | 478 1517 glacieriournev.is

1 HÖFN LOCAL GUIDE

Specializing in slow adventures, Hulda offers customized tours like the popular two-hour Heart of Höfn walk that winds through the fishing village and ends in a food tasting, as well as kayaking, yoga and mindfulness, and hiking tours. The focus is sustainability with small group sizes and a 'leave no trace' policy. Hafnarbraut 41, Höfn | 864 4952 Why just look at a glacier when you can hofnlocalguide.is

12 DJÚPAVOGSKÖRIN HOT TUB

Take a free dip into a geothermal hot tub just south of Djúpivogur town by the ring

Ring road 1, Djúpivogur (rural)

13 FELL HORSE RENTAL

is their exclusive private tours—iust you and your group, with horses that only take one trip a day. This means a top-notch experience for everyone involved! The owner, Íris, is passionate about her horses and has designed tours crystals of ice in various stages of melt. that showcase the stunning Breiðdalsvík Ring road 1 area: crossing rivers, galloping down to the beach, and wandering through 17 ÞVOTTÁRSKRIÐUR BEACH picturesque vallevs.

Fell, Breiðdalsvík | 897 4318 fellhorserental.com

14 FJALLSÁRLÓN GLACIER LAGOON



Less known and crowded than its famous neighbor. The Glacier Lagoon. iagged wall as it descends into the lagoon. Boat rides are available.

15 JÖKULSÁRLÓN GLACIER LAGOON among the trees.

Lagoon full of colossal, floating icebergs Road 95 that have broken off from the glaciers' ancient tongue. Jökulsárlón is the best example of a lagoon formed by glacier melting. The lagoon started forming in the 1930s but now it's thinning by more reap the benefits of tourism is by than one meter a year on average.

16 THE DIAMOND BEACH

What sets these riding tours at Fell apart Located at the other side of the Ringroad from Jökulsárlón. You won't find any sunbathers at this black beach but rather bits and pieces of the passing glaciers and icebergs from the Glacier lagoon. The sand is covered in glittering

unexpected and perplexing wonder how

it came to be, but engaging nonetheless

to watch it interact with the waves.

A lone black monolith protrudes straight up from this tranquil beach. It's an

NATURE

18 FOLALDAFOSS WATERFALL

Here you'll find spectacular scenery and solitude since most travelers miss this off the beaten track waterfall. You can easily see the waterfall from the main road, and there is a small parking lot located next to the road. The walk to the waterfall is easy and only takes a couple

o celebrate the turn of the century and the 70th anniversary of Iceland Forestry Society, five Millennium Forests were planted in Iceland; one tree for each here you'll be transfixed on the colossal living Icelander. The plants, representing the inhabitants of Austurland, were planted by Tinnudalsá river (Tinna). at Evdalir. Only 1 km off the national highway, you can enjoy beautiful hikes

supporting local businesses.

Did vou know?



Fish has been the livelihood of Icelanders through the ages, or as the common saying goes, 'life is salted fish'! (Meaning life has its ups and downs). Fish is also Iceland's main export.

small in size but it's strong. friendly and sure-footed. It is five gated (the norm is four) and the tolt is its speciality, a natural four-beat gait making the ride particularly smooth but powerful. The Icelandic horse is one of the oldest and purest breeds in the world, they came with the Viking settlers around the year 900

The Icelandic horse may be

19 TINNA MILLENNIUM FOREST

The best way to ensure communities





Icelanders love their hot dogs and they prefer them 'with everything'. The most famous hot dog stand in Revkiavík is Bæiarins bestu, where former US President Bill Clinton devoured one during his visit.







When traveling in winter, it's always a good idea to check for winter openings. In the oldest house in town with outdoo

EAT & DRINK

Restaurants, Bistros, Cafés & Bars

1 CAFÉ SUMARLÍNA

This charming seaside café is a favorite stop for travelers craving comfort and to the season. Icelandic warmth. Tuck into hearty burgers, nourishing seafood soup, and **nielsenrestaurant.is** homemade pizzas—rumored to be the best in the region. Pair your coffee or hot 5 ELDHÚSIÐ RESTAURANT chocolate with a warm Belgian waffle or For an exceptional dining experience their famous chocolate cake, topped with off the Ring Road, visit the historical whipped cream. A perfect pause on your Gistihúsið-Lake Hotel Egilsstaðir (est. Ring Road journey.

Búðavegur 59. Fáskrúðsfjörður 475 1575 | FB

2 SESAM BREADHOUSE

producing sourdough bread and pastries, offering light and affordable lunch. They offer a wide variety of traditional treats and quality coffee. Try **qistihusid.is** the Icelandic "snúður". "kleina" or their amazing rye bread. The atmosphere here is relaxed and personal and a great stop during a journey on the east coast. Hafnargata 1, Revðarfjörður | 475 8000

3 AUSTRI BREWERY

Icelandic breweries are known for taking on a unique twist, but this one This hidden authentic gem, nestled in from the East wins hands down. Their Eqilsstaðir's industrial area, specialize focus ties in with the region's culinary in the freshest local meat and fish at

roots and in turn — they turn the names of the beers into tonque twisters. Check out their taproom and give your tongue a workout with Steinketill or try a hot one with Skessa, the wasabi infused double IPA ale.

Fagradalsbraut 25, Egilsstaðir 456 7898 | FB

4 NIELSEN RESTAURANT

seating and terrace you'll find a former Michelin star chef, Kári and his wife Sólveig serving lunch and dinner. Their motto, 'Flavors of East Iceland' indicates their use of local ingredients. Showcasing the freshest fish available, reindeer tartare, and other innovative and vegetarian meals that change according

Tjarnarbraut 1, Egilsstaðir | 471 2001

1903). Serving traditional cuisine with a contemporary flair, highlighting local ingredients. Give the 3-course farm menu a trv. featuring local beef, goat cheese, and skyr. Eldhúsið also has a reputation of having one of the best lamb dishes in Iceland. There is only one way to find out!

Egilsstaðir 1-2 | 471 1114

6 FISH AND BUTCHER SHO



reasonable prices. Try the daily lunch special, featuring crispy fish and chips For the love of waterfalls and food! made with your choice of fish, or indulge Parked right by the Hengifoss trail. in lobster fried in garlic butter. The owner, this little food truck serves traditional Gestur, whips up the sauces himself and lamb soup, fresh-off-the-iron waffles can help you pick out fish to cook on the (Grandma's recipe), and homemade snot or take home—turning you into a lice cream. Try the only sheen's milk ice master chef in no time!

FB (kiöt og fiskbúð Austurlands)



MÓÐIR JÖRÐ – ORGANIC CAFÉ & SHOP Built from local wood from their own

farm, Vallanes, this Nordic-style hut houses a café as well as a shop for their brand, Móðir Jörð (Mother Earth). A leader in organic agriculture in Iceland, they use their own produce to prepare delicacies, snacks or light meals for their quests. Inspired by the slow food movement and sustainability, you'll feel **DESIGN** the tranquility and wholeness this place Environmentally conscious lifestyle has to offer. Vallanes | 471 1747 | modiriord.is

8 WILDERNESS CENTRE CAFÉ

The passionate locals share their knowledge and invite you into their open find authentic goods that support the you a full Icelandic kitchen experience. hev offer local courses, homemade soups, bread, cakes, and desserts. Here you'll find authentic slow food and slow tourism at its best!

Fljótsdalur, Egilsstaðir (rural) 440 8822 | wilderness.is

9 HENGIFOSS FOOD TRUCK

cream in Iceland, or if you prefer, yegan Kaupvangur 23b, Egilsstaðir | 471 1300 or gluten-free options. Swing by from May to October for well-earned treats before or after your hike. Rd. 933, Egilsstaðir (rural) | 666 4476

10 SÍREKSSTAÐIR

book a table at Hiá Okkur (Our Place) Restaurant serving locally grown and thoughtfully prepared food. The lamb is raised on the farm and the fish is wild. caught in a nearby lake. The restaurant is open during the summer and by appointment during the fall and winter. Síreksstaðir, Vopnafjörður | 848 2174 sireksstadir.is

LOCAL SHOPS

11 HÚS HANDANNA – CRAFT AND

store that carefully chooses products that are good for people and the planet. Whether the product comes from the region, around Iceland, or from the Nordic countries, you are guaranteed to kitchen as part of the family, offering local community and sustainability while impressing your friends! Take home a unique keepsake that portrays excellent craftsmanship, Icelandic design, local delicacies and so much more.

Miðvangur 1-3, Egilsstaðir | 471 2433



locally made ceramics, fur accessories and more. Stop by for one-of-a-kind gifts from Icelandic brands.

Norðurgata 5, Sevðisfiörður | 822 5258 | FB

CULTURE

vibrant cultural hub also hosts ambitious Skriðuklaustur, Egilsstaðir (rural) often centering on pressing topics such to ponder and connect ideas of the past and the future while celebrating tradition of craftsmanship in modern mass-manufactured society. Kaupangur 9, Egilsstaðir

897 9479 | slaturhusid.is

of Sevðisfiörður. Skaftfell is devoted to promoting and exhibiting visual art, the main focus being contemporary art. 440 8822 | wilderness.is With running exhibitions the whole year through, and a residency program for visual artists and scholars, Skaftfell is a One of the best preserved turf houses place of constant happenings!



You'll find the ultimate Icelandic design discover a part of the town often referred boutique in an artfully black and white to as the cradle of technology. Don't miss painted house in this small but creative the outdoor exhibit at the Harbor Garden village, Erna, the owner, has mastered honoring the vital role of women in early the art of cool and cozy with her curated 20th-century Sevőisfiörður. selection. From trendy wool sweaters to Hafnargata 38, Sevõisfiörõur | 472 1696

ICFI AND

Art. museums & exhibitions

13 SLÁTURHÚSIÐ CULTURAL CENTER a personal tour, and then conclude with

and inspiring art and photo exhibitions. 471 2990 | skriduklaustur.is as climate change. It encourages quests 17 WILDERNESS CENTER the knowledge of our ancestors and the nature from the Icelandic outback. The

14 SKAFTFELL ART CENTER

12 BLÓÐBERG



The exhibition Búðarevri tells a storv of transformation that spans a century of innovation. Through an interactive display and creative storytelling, you can

OF CULTURE AND HISTORY

Explore the former home of writer Gunnar Gunnarsson, built in 1939, and discover his extraordinary story. Enjoy art exhibitions and visit the ruins of a 16th-century monastery. Families can ioin the figure Uggi on a playful digital adventure. Choose a multimedia guide or While focusing on performing arts, this a locally sourced meal at Klausturkaffi.

A creative exhibit that recreates fascinating tales of history, culture and owner, a film director and historian, has carefully designed the experience to allow you to forget yourself in a world of outlaws and roaming reindeers, where the forces of nature rule. Located on the edge of Northern Europe's biggest Located in the unique micro community wilderness, the center's surroundings are an attraction in itself Fliótsdalur, Egilsstaðir (rural)

18 BUSTARFELL MUSEUM

in Iceland. Take a journey through the

Austurvegur 42, Sevðisfiörðu 472 1632 | skaftfell.is | FB

TECHNICAL MUSEUM OF EAST

16 SKRIÐUKLAUSTUR-CENTRE

adventure in the highlands! 440 8822 | wilderness.is

to stay on! Finnstaðir, Egilsstaðir (rural) 892 1803 | finnsstadir.is

the mid-20th century. The farm has been since the temperature may vary. owned by the same family since 1532. and they still live on site. You can get

history of farming and changes in

traditional cakes and coffee at the café. Bustarfell, Vonnafiörður (rural) 855-4511 | bustarfell.is

PLAY

Activities, pools & spa

9 WILDERNESS CENTER – TOURS Offering a variety of uniquely authentic.

experiences at the edge of the largest, Lake Urriðavatn, Egilsstaðir (rural) uninhabited wilderness in Northern 470 9500 | vokbaths.is Europe. Their day tours include a midnight horse riding adventure and a hike to 23 SELÁRDALSLAUG - POOL an abandoned farm. Explore life in the A small, modest swimming pool, outback in the same sustainable manner beautifully located on the banks of the as our forefathers, or try an exciting jeep salmon-rich Selá River. It opened in 1950 and was built mostly by volunteers. Fliótsdalur, Egilsstaðir (rural) The pool features a hot tub, a cold tub. indoor showers, and locker rooms with

O FINNSSTAÐIR HORSE RENTAL Ouality and an enjoyable experience are

the hallmarks of this family-run horse fishing spots in Iceland from a warm rental, renowned for its well-trained swimming pool! horses, skilled guides, and spectacular Selárdalur, 3 km north of Rd. 85 riding paths. Specializing in riding tours 473 1499 for experienced riders, they also cater to beginners. At the farm, you can also It might sound ironic, but Icecuddle some friendly farm animals at the landers love their ice cream petting zoo, try the nine-hole footgolf rain, shine, or snowstorm. In course, and enjoy refreshments at the fact, we even have a word for barn-turned-dining area. There's even a it: **ísbíltúr**—which means spacious rental house in case you want going for a drive just to enjoy

21 LAUGAVALLADALUR BATH An oasis west of river Jökulsá á Dal.

where you can enjoy a hot geothermal stream and shower under a warm waterfall where the stream runs into the

valley's main river. Located 20 km north lifestyle from the late 18th century to of dam Kárahniúkar. Please be wary Kárahniúkar road

22 VÖK BATHS

Geothermal bathing is taken to a

good accessibility for individuals with

disabilities. There is something about

overlooking one of the greatest salmon

ice cream on

the road.

whole new level with Vök Baths, Only wild and uninhabited stretch of nature. a few minutes drive from the town of Road 958 Egilsstaðir, off the shores of Lake Urriðavatn, are Iceland's first and only series of 25 PÁSKAHFITIR floating pools. Surrounded by the lake A small cave eroded by the thrashing itself-blurring the boundaries between ocean stands by the seaside of Neskaup- waterfall nature and you. Sustainability is taken staður National Reserve. Poking through Road 933 seriously at Vök Baths where you can also are holes that were formed by prehistoric eniov a pool bar and a bistro. trees destroyed by lava flow.

NATURE

To have a look at the easternmost tip of

Iceland, a drive to Vöðlavík is required

and a short hike. There you can enjoy a

26 HALLORMSSTAÐUR FOREST

numerous hiking routes and marked

late summer, large quantities of berries

24 GERPIR

Thanks to the Kárahniúkar Hydropower Bakkavegur, Neskaupstaður

Plant, the water levels dropped in the glacial river Jökulsá á Dal, revealing the Iceland's largest and oldest forest with stunning Studlaberg basalt columns canyon. A photographer's dream! trails, open spaces and playgrounds. In Road 923

and mushrooms are yours for the taking

While in this beautiful area, make sure to

The second-highest waterfall in Iceland

and it is particularly picturesque. Known

for red clay strata patterns created by

sediments from a forest destroyed by

flowing lava. It takes 40-60 minutes

to walk from the parking lot to the

visit Atlavík heach

28 STUÐLAGIL

27 HENGIFOSS WATERFALL

SOUTH EAST

COLLECT THEM ALL

